

# HOUSE OF CHAMPIONS

## Kids

6,500 sq ft FACILITY IS AVAILABLE FOR RENT  
FOR FILM SHOOTS, GROUP CLASSES, PRIVATE  
INSTRUCTION, SPECIAL EVENTS, ETC.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00-4:30 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs	4:00-4:30 Arjukenpo Karate Lil'Dragons 4 - 5 yrs	4:00-4:30 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs	4:00-4:30 Arjukenpo Karate Lil'Dragons 4 - 5 yrs		9:15-9:45 Arjukenpo Karate Wht-Yell-Org 6 - 9 yrs
4:15-5:00 Arjukenpo Karate Pur - Blu 9 - 12 yrs	4:30-5:00 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs	4:15-5:00 Arjukenpo Karate Pur - Blu 9 - 12 yrs	4:30-5:00 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs		9:45-10:30 Arjukenpo Karate Wht-Yell-Org 10 - 15 yrs
5:00-5:45 Arjukenpo Karate Grn & up 9 - 12 yrs	5:00-5:45 Arjukenpo Karate Pur-Blu 9 - 12 yrs	5:00-5:45 Arjukenpo Karate Grn & up 9 - 12 yrs	5:00-5:45 Arjukenpo Karate Pur-Blu 9 - 12 yrs		10:30-11:30 Eskrima Filipino Fighting Arts 9 yrs & up
4:30-5:15 Muay Thai Kickboxing 7 - 10 yrs	5:00-5:45 Muay Thai Kickboxing 11 - 15 yrs	4:30-5:15 Muay Thai Kickboxing 7 - 10 yrs	5:00-5:45 Muay Thai Kickboxing 11 - 15 yrs	5:00 - 5:45 Kickboxing 11 - 15 yrs	
5:45-6:30 Eskrima Filipino Fighting 13 yrs & up	5:45-6:30 Muay Thai Kickboxing 7 - 10 yrs	5:45-6:30 Eskrima Filipino Fighting 13 yrs & up	5:45-6:30 Muay Thai Kickboxing 7 - 10 yrs		3:00 - 4:00 <i>MARTIAL ARTS FITNESS FUN</i>  * Hand-to-Hand * Weapons * Patience * Balance * Games * Focus
5:45-6:30 Arjukenpo Karate Grn - Blk 9 - 12 yrs	6:00-6:45 Arjukenpo Karate Wht-Yell-Org 9 - 15 yrs	5:45-6:30 Arjukenpo Karate Grn - Blk 9 - 12 yrs	6:00-6:45 Arjukenpo Karate Wht-Yell-Org 9 - 15 yrs	TEAM HOC HURRICANES Karate Comp Team	
6:30-7:15 Arjukenpo Karate Grn-Blk 13 yrs & up	6:45-7:30 Arjukenpo Karate Pur - Grn 11 - 15 yrs	6:30-7:15 Arjukenpo Karate Grn-Blk 13 yrs & up	6:45-7:30 Arjukenpo Karate Pur - Grn 11 - 15 yrs		
6:30-7:15 MMA 9 - 14 yrs		6:30-7:15 MMA 9 - 14 yrs		5:45 - 6:30 MMA 9 - 14 yrs	<i>privates available inquire at reception</i>