

HOUSE OF CHAMPIONS

Kids

6,500 sq ft FACILITY IS AVAILABLE FOR RENT
FOR FILM SHOOTS, GROUP CLASSES, PRIVATE
INSTRUCTION, SPECIAL EVENTS, ETC.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00-4:30 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs	4:00-4:30 Arjukenpo Karate Lil'Dragons 4 - 5 yrs	4:00-4:30 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs	4:00-4:30 Arjukenpo Karate Lil'Dragons 4 - 5 yrs		9:15-9:45 Arjukenpo Karate Wht-Yell-Org 6 - 9 yrs
4:15-5:00 Arjukenpo BBC Pur - Blu 9 - 12 yrs	4:30-5:00 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs	4:15-5:00 Arjukenpo BBC Pur - Blu 9 - 12 yrs	4:30-5:00 Arjukenpo Karate Wht-Yell-Org 6 - 8 yrs		9:45-10:30 Arjukenpo Karate Wht-Yell-Org 10 - 15 yrs
5:00-5:45 Arjukenpo Karate Grn & up 9 - 12 yrs	5:00-5:45 Arjukenpo Karate Pur-Blu 9 - 12 yrs	5:00-5:45 Arjukenpo Karate Grn & up 9 - 12 yrs	5:00-5:45 Arjukenpo Karate Pur-Blu 9 - 12 yrs		10:30-11:30 Jiu Jitsu (Gi) 9 - 14 yrs
4:30-5:15 Muay Thai Kickboxing 7 - 10 yrs	5:00-5:45 Muay Thai Kickboxing 11 - 15 yrs	4:30-5:15 Muay Thai Kickboxing 7 - 10 yrs	5:00-5:45 Muay Thai Kickboxing 11 - 15 yrs	5:00-5:45 Kickboxing 7 - 10 yrs	3:00-4:00 Kung Fu Fitness & Self-Defense
5:45-6:30 Arjukenpo BBC Eskrima 13 yrs & up	5:45-6:30 Muay Thai Kickboxing 7 - 10 yrs Adv	5:45-6:30 Arjukenpo BBC Muay Thai 13 yrs & up	5:45-6:30 Muay Thai Kickboxing 7 - 10 yrs Adv	5:45-6:30 Kickboxing 11 - 15 yrs	Specialty Class \$20 Mat Fee Cash Only
5:45-6:30 Arjukenpo BBC Muay Thai 7 - 10 yrs	6:00-6:45 Arjukenpo Karate Wht-Yell-Org 9 - 15 yrs	5:45-6:30 Arjukenpo BBC Eskrima 7 - 10 yrs	6:00-6:45 Arjukenpo Karate Wht-Yell-Org 9 - 15 yrs	TEAM HOC HURRICANES Karate Comp Team	
6:30-7:15 Arjukenpo BBC Grn-Blk 13 yrs & up	6:45-7:30 Arjukenpo BBC Pur-Blu-Grn 11 - 15 yrs	6:30-7:15 Arjukenpo BBC Grn-Blk 13 yrs & up	6:45-7:30 Arjukenpo BBC Pur-Blu-Grn 11 - 15 yrs		
6:30-7:15 Jiu Jitsu / MMA 9 - 14 yrs		6:30-7:15 Jiu Jitsu / MMA 9 - 14 yrs		5:45-6:30 Jiu Jitsu / MMA 9 - 14 yrs	